

ABOUT US

surgeon · artist · educator · volunteer

Hi, I'm Dr. Macdonald, Medical Director of San Francisco's Aesthetic Surgery & Skin Rejuvenation Center. Thank you for taking the time to get to know me. I look forward to getting to know you too.

I love what I do... I was fortunate to discover this early in life. And I'm grateful for the people and experiences that have touched my life because of practicing medicine. It's truly a gift.

In 1995, while completing my facial plastics fellowship at University of California - San Francisco (UCSF), I discovered the astounding beauty and adventure of the San Francisco Bay Area. As a lifelong adventure sports enthusiast, it doesn't get any better than this! So, I said goodbye to my native Canada, and here I've stayed...

Dr. Macdonald plans incisions for upper eyelid surgery. Dr. Michael R. Macdonald greets a patient. Dr. Macdonald traces incisions for upper eyelid surgery. Dr. Michael R. Macdonald Teaching Facial Plastic Surgery. Dr. Michael R. Macdonald performing Sciton laser treatment. Dr. Macdonald plans incisions for upper eyelid surgery. Dr. Michael R. Macdonald greets a patient.

At my cosmetic medical practice in Union Square, I attend to patients from the greater San Francisco Bay area and beyond. Cosmetic surgery, like all medicine, is a blend of art, science and compassionate care. My aim is to listen carefully and advise you of the best options given your unique goals and the utmost consideration for your safety.

I also spend about one-third of my time as an Assistant Clinical Professor at the Oakland campus of the University of California-San Francisco where I attend to the advanced training of surgical residents. Together, we practice life-saving surgery to treat airway difficulties, cancer, and trauma to the head, face and neck.

Teaching, like medicine and adventure, is another of my passions, and doing it keeps me fresh and open-minded about my surgical approaches and techniques.

Whether it be cosmetic or life-saving medicine, I cherish having a positive impact on people's lives. The personal thanks expressed by my patients and students is inspiring. I'm particularly grateful for the opportunity I've had to participate in the medical missions and charitable causes which I have supported through the years. I hope you ask me about them - I love to share my adventures...

Qualifications

Teaching his medical students, Dr. Macdonald measures for upper eyelid surgery

Board certification

American Board of Facial Plastic & Reconstructive Surgery

American Board of Otolaryngology - Head & Neck Surgery

Visit Surgery FAQs for more details about medical specialty board certification. For information about scheduling a consultation with Dr. Macdonald, visit our Patient Prep Guide to Scheduling and Fees.

Current medical posts

Founder & Medical Director | Aesthetic Surgery & Skin Rejuvenation Center

Chief, Division of Head & Neck Surgery | Alameda County Medical Center

Teaching positions

Asst. Clinical Professor, Dept. of Surgery | Univ. of California-San Francisco

Speaker & Physician Trainer | Medtronic, Inc.

Director | Allergan National Training Center

Advisor | Asia Pacific Masseter Advisory Board

Medical missions and charities supported

Dr. Macdonald utilizes his surgical skills not just for beauty, but healing. He believes it's his duty to give back to the community in which he lives and works. He contributes by donating his time, medical expertise, and money.

Below are just some of the missions and charities he's helped over the years.

Medical mission to Mazetanango, Guatemala—cleft lip and palate repairs

Medical mission to Managua, Nicaragua—various reconstructive surgeries

Medical mission to Papua New Guinea—medical care and education

Face to Face Program of American Academy of Facial Plastic & Reconstructive Surgery—aid to victims of domestic violence

Vanity for Vision—fundraising and surgeries to cure blindness in Africa

Larkin Street Youth Services—fundraising and contribution to housing, education and medical needs of San Francisco's homeless kids

Episcopal Community Services CHEFS—fundraising and job training skills to homeless adults in San Francisco

Little Jim Club of San Francisco—fundraising and contribution to pediatric-medical programs of CPMC

Lighthouse Community Charter School of Oakland—fundraising and education to kids in underprivileged communities

Camp Laurel for HIV-positive kids—camp counselor

Camp Oochigeas for kids with cancer—camp leader

Education

Fellowship: Facial Plastic & Reconstructive Surgery

University of California – San Francisco

Residency: Otolaryngology - Head & Neck Surgery

University of Toronto – Ontario, Canada

Residency: General Surgery

Dartmouth College Hitchcock Medical Center – Hanover, NH

Internship: General Practice

University of Toronto – Ontario, Canada

MD

Queen's University Medical School – Ontario, Canada

BA, Psychology

University of Western Ontario – Ontario, Canada

Professional associations

American Academy of Facial Plastic & Reconstructive Surgery

American Academy of Otolaryngology-Head and Neck Surgery

American Academy of Cosmetic Surgery

American Society of Liposuction Surgery

California Society of Facial Plastic Surgery

American College of Surgeons

American Medical Association

Canadian Academy of Facial Plastic & Reconstructive Surgery

Canadian Society of Otolaryngology

Royal College of Physicians & Surgeons of Canada

Hospital affiliations

St. Francis Memorial Hospital, San Francisco

Alameda County Medical Center, Oakland

After her basic medical qualification in India, Dr. Simal Soin went to UK to train further in Dermatology and specialize in Cosmetic Dermatology. There she trained and worked for 6 years at two of the world's most premier Dermatology centres, London's St John's Institute of Dermatology and Addenbrookes hospital, University of Cambridge. During her tenure at Cambridge, Dr. Simal Soin carried out original research in the "Development of warts, keratoses and skin cancer in immunosuppressed patients after solid organ transplantation". This was a collaborative project researched at Addenbrookes hospital, Cambridge and Papworth hospital which is one of Europe's premier heart and lung transplant centres. Dr. Simal Soin was awarded a M. Phil degree for this work in 1998.

During her research stint, Dr. Simal Soin was conferred with many research awards

Research Fellowship of the International Journal of Experimental Pathology

Addenbrooke's Hospital NHS Endowment fund award

St John's Institute of Dermatology Award

Award from the British Society of Investigative Dermatology

Fellowship of the Postgraduate Medical Journal

Quinoderm Fellowship from the British Association of Dermatologists

At Cambridge, she conducted special clinics for patients with warts, keratosis and skin cancers. Apart from conventional therapeutics, she gained vast experience in cosmetic dermatology including the use of all modern laser equipment for treatment of variety of skin diseases and blemishes, in botox and various fillers.

Since her return from UK 13 years ago she has been pursuing and honing her skills further in cosmetic dermatology, incorporating in her practice the very latest techniques imbibed from all around the globe. Although she has an impressive armamentarium of cosmetic procedures in which she has gained expertise, anti-ageing therapies and cosmetic solutions are her forte.

Dr. Simal Soin has had a lot of media exposure and regularly does television shows, newspaper and magazine articles and is regularly quoted in the media. She was adjudged the super achiever of the year by DD Metro 2004 in the field of Dermatology in 2004. Dr. Simal Soin has received awards for credible work in her field from various organisations. Moreover, she is happy to inform that her clinic has become a leading destination for cosmetic skin care requirement in this nation and has gained a huge client base of over 20,000 across the globe.

Dr. Simal Soin regularly participates in all the major National and International conferences in her specialty and is a member of IACD and ESCAD, CSI, World Antiageing Association. She consults for and launches skin care products and oral supplements and holds press conferences and gives talks regularly on various aspects of skin health. She is a research consultant with various cosmeceutical groups and advises them on new upcoming products.

Dr. Simal Soin holds a firm belief through her extensive travels and experience that the secret of good skin is a combination of holistic medicines, healthy lifestyle and low non-impact cosmetic procedures. She is a keen lover of the arts.

Dr. Simal Soin works closely with various organisations to strongly support the girl child.